



The American Journal of **CLINICAL NUTRITION**

Official Publication of *The American Society for Clinical Nutrition, Inc*
THE CLINICAL DIVISION OF THE AMERICAN INSTITUTE OF NUTRITION

Editor-in-Chief

Norman Kretchmer, MD, PhD

Manuscripts Editor
D'Ann Finley, PhD

Associate Editors
Charles H Halsted, MD
Janet C King, PhD
Barry Shane, PhD

Administrative Assistant
Carmen Escobar

Production Office: For inquiries regarding permissions, copyrights, reprints, back issue and supplement sales contact Room 3404, 9650 Rockville Pike, Bethesda, MD 20814-3998. (301) 530-7038. Fax 301-571-8303. Supplement orders are payable in advance. Visa and MasterCard accepted.

Managing Editor
David D Schnakenberg, PhD
Editorial Assistant
Lorali J Barber

Technical Editors
Lora T McGlade
Brenda Allen Milot
Jennifer L Scales

Editorial Office: Send manuscripts to *The American Journal of Clinical Nutrition*, PO Box 12157, Berkeley, CA 94712-3157. (510) 642-2552. Fax 510-642-5867. E-mail: ajcn@nature.berkeley.edu (If the delivery service does not permit a post office box address, please use Department of Nutritional Sciences, Morgan Hall, Room 119, University of California, Berkeley, CA 94720-3104.)

Subscription Rates 1995: Members \$45 per year; non-member individual \$90 per year; institutional rate (multiple readership) \$135 per year; student \$35 per year (with certification). Outside US add \$25. Agents are allowed a 5% discount. Second class postage paid at Bethesda and additional mailing offices. For air mail rates and changes of address call (301) 530-7026 or send correspondence to *The American Journal of Clinical Nutrition*, 9650 Rockville Pike, L-2310, Bethesda, MD 20814-3998. Visa and MasterCard accepted.

Assistant Editors

Kenneth H Brown, MD
Kenneth J Carpenter, PhD, ScD
Robert Marcus, MD
Quinton R Rogers, PhD
Philip Sunshine, MD
George Wolf, DPhil

Advertising Representative: FASEB AdNet, 9650 Rockville Pike, Bethesda, MD 20814. (800) 43-FASEB, ext 7103. Fax 301-571-1855.

Foreign Editors

Martijn B Katan, PhD
Paul J Nestel, MD
Ricardo Uauy, MD, PhD
Hendrik KA Visser, MD, PhD

Redactory Services: Cadmus Journal Services, Inc, Airport Square 7, 940 Elkridge Landing Road, Linthicum, MD 21090-2908. (800) CJS-5529. Fax 410-684-2792.

Editorial Board

Gail Butterfield, PhD, RD
Frank Chytil, PhD
William E Connor, MD
Elaine B Feldman, MD
Michele R Forman, PhD
Cutberto Garza, MD, PhD
Gerald E Gaul, MD
Carl Grunfeld, MD, PhD
Gail G Harrison, PhD
Jules Hirsch, MD
Clarie Hollenbeck, PhD
Penny Kris-Etherton, PhD
Barbara J Rolls, PhD
Dale A Schoeller, PhD
Noel W Solomons, MD
E Richard Stiehm, MD
Marta Van Loan, PhD
Ray Yip, MD

POSTMASTER: Send address changes to *The American Journal of Clinical Nutrition*, 9650 Rockville Pike, L-2310, Bethesda, MD 20814-3998. Be sure to include a copy of old address label.

THE AMERICAN JOURNAL OF CLINICAL NUTRITION (ISSN 0002-9165), official journal of The American Society for Clinical Nutrition, is a peer-reviewed publication and is published monthly, two volumes per year. The primary focus of the journal is the publication of basic and clinical studies relevant to human nutrition. The Information for Authors appears in the January issue each year. Subject and author indexes appear in the June and December issues each year.

The American Society for Clinical Nutrition, Inc

OFFICERS 1995-1996

President
Barbara C Hansen, PhD
Vice President
Judith S Stern, ScD, RD
Vice President-Elect
George L Blackburn, MD, PhD

Past President
Richard L Atkinson, Jr, MD
Secretary
Bruce R Bistrrian, MD, PhD
Treasurer
Janet C King, PhD

Councilors
Kenneth H Brown, MD
Virginia A Stallings, MD
Eleanor A Young, PhD, RD, LD

AIN Secretary
Roy J Martin, PhD
Editor-in-Chief
Norman Kretchmer, MD, PhD
Executive Officer
David D Schnakenberg, PhD